

Betty Nelson Med. Recs. - Tarrant Co. MHMR
U.S. v. Marvin Nelson

[Signature] CC 2-28-96
Supervisor Signature / Title / Date

At present nursing) (last price) 3-18-88
I (Mother's Health)
II My Action Mtg & Meeting
III None
IV None
V All written up by I Major Affliction (Alcohol), 79664
VI The period
VII (Heart murmur)
VIII Improved hearing
IX V
X 3

(Exchange) (if same as admission by
Ct. last known address)
Judy Nelson
2859 May
Mt. West Rd 76110

(Use Addendum pages as needed - signature and date on last page)

DSM III-R Discharge Diagnosis/ABL
A. Admission Diagnosis (Axes I-V)
B. Discharge Diagnosis (Axes I-V)
C. ABL (Mental Retardation Clients only)

IV. Referral, information, and recommendations made to client

V. Planning/linking activities

[illegible]

DISCHARGE SUMMARY

Enter Date and Time of Move or Death

M M	D D	Y Y
H H	M M	A/P

Circle Below if Appropriate:
1 = Moved out of State

**TARRANT COUNTY MENTAL HEALTH
MENTAL RETARDATION SERVICES**

Case #: 914996
Client Name: Betty Nelson
Unit #: 547
CPC #: 131660
Date of Discharge: 2-28-98

INITIAL SERVICE REVIEW - INITIAL SERVICE AND ASSESSMENT - INDIVIDUAL PROGRAM PLAN

NAME OF CLIENT: BETTY F

AGE: 51

CASE NUMBER: _____

EXPECTED PERIOD OF PLAN: _____

PRIMARY CASE RESPONSIBILITY - Case Manager

SIGNIFICANT TREATMENT - PLAN OBJECTIVES ACHIEVED (PAST):

1975 - FAMILY SERVICES - WENT FOR 1 VISIT, BUT FAMILY WOULD NOT RETURN FOR COUNSELING.

FEB 1977 - PSY - ELIMINATED - BY WARDEN FROM CHILDREN, MOTHER'S (CLIENT'S) BEHAVIOR BECAME BIZARRE AFTER HUSBAND DEATH, LOSS OF BOTH MEN, DEATHS & LOSS OF HER JOB. (HUSBAND LEFT HER BEC. SHE PROVOKED HIM TO VIOLENCE)

EMOTIONAL/SOCIAL/PSYCHOLOGICAL:

(CLIENTS BECAME RELIGIOUSLY FINANCIAL 2 YRS. AGO AFTER THE APPROPRIATES AS MENTIONED IN #2 ABOVE OCCURRED. AS A CHILD SHE WAS FORCED TO GO TO CHURCH BUT WILL NOT ENTER INTO ONE NOW - DOES NOT NECESSARILY BELIEVE IN GOD, WHO HAS CHOSEN HER, TO SAVE THE WORLD. SIGNIFICANT SERVICES RECEIVING, MEDICATIONS (PRESENT): (B) FEELS THAT HER CHILDREN HAVE GOTTEN HERE IN SEVERAL FINANCIAL DEATH-HOUSTON, A YR. AGO CHILDREN - SHE SPENT AROUND \$10,000 ON GIFTS FOR FRIENDS & STRANGERS. SHE ALSO IN THE CHILDREN BLAME THEM FOR THE FINANCIAL PROBLEMS. SHE BELIEVED BEFORE THE HOSPITALIZATION THAT HER DRUGS WERE NOT ALL THE TROUBLE.

ASSESSMENT OF PRESENT CLIENT FUNCTIONING:

APPEARS TO BE STABLE AGING, FULL OF ENERGY, PERSONALITY, & PERSONALITY ABOUTLY ENJOYS ANY EXISTING PROBLEMS, STATES CHILDREN ARE RESPONSIBLE FOR PART OF NOT ALL THE TROUBLE.

DISCHARGE SUMMARY IS TO FOLLOW

DSM II - DIAGNOSIS

S, DATES FOR ACHIEVEMENT, WHERE ACHIEVED:

FINANCIAL - MULLS, FOLLOW-UP EVALUATE NEED FOR MED - FOLLOW-UP

FINANCIAL - T.S. T. SWIFT EVALUATE NEED FOR COUNSELING

CLIENT WILL NOT COME WITHOUT FAMILY

PRESENT FOR PLANNING:

BN000000

R-2-80
PN-002

DATE	PROB. #	NOTES
7/22/81		This client DUEA for initial contact with WASH Jules Gammara
9/28/81		Sent letter offering TCMHMC services to Client.
10/20/81		Adam Hardest/Afternoon At 1:00 PM by Susan Jones at 9:30 this morning. He has an apt. 2nd the 2nd w/ Susan Jones and a producer apt. w/ golfing on 11/11/81. Adam S. Hardest/BSU.

AL RETARDATION SERVICES
PROGRESS NOTES - THERAPIST

CLIENT CASE NUMBER 914999
CLIENT NAME: B. H. Nelson

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FINAL RETARDATION SERVICES
PROGRESS NOTES - THERAPIST

Client Case Number 914999
Client Name Betty F. Adams

DATE

PROB. #

NOTES

8/27/80 GPS Hospitalized. Mr. Adams
is currently living at the
Union Gospel Mission - is
planning on moving to Casa
Medication: At 03, 900 mg/day
Appointment = At 03, 900 mg/day
Oct. 1, 11 AM.
No food, 4000
but follow-up letter in correspondence
K. Harbert / Attorney

80000008

PROGRESS NOTES

Name

Betty J. Nelson

t. Worth, Texas

Item #

Date

2/13/80

It phoned stating that her tongue felt thick and keep wetting. It informed me that Dr. had changed meds to Copatin 3mg. The last 200mg. B.B. and that she had taken her first Copatin this a.m. I explained that she might feel overwhelmed first few days and the Copatin would help feeling her tongue. Advised to continue chemo for couple days, if no better to phone me again. It agreed to do this. P. The last, H5311 Received phone call from CSIL@JF54 requesting med info. It to be admitted by Dr. Klawitter.

P. The last, H5311

Name

Betty J. Nelson

FEB 15 1980

PROGRESS NOTES

tblcm #

Date

2/7/80

Pt. returned p. JPSH T-9 where she was

discharged on 1/25/80 after ~ 1 mo. stay. At

time of admission pt. had religious delusions.

On interview, pt. no med. making her go

to the bathroom every 1 1/2 - 2 hrs. States she

can't sit down or sit still; has to pay up soon;

and then can't return to sleep. 4 hrs (w/ the

house). Admits to not eating f. several days prior

to admission - lost 30-35 lbs. States sleep 8k. prior

to JPSH. Reports having feared after hearing the

Bible 1.1 yrs, and cut her hair as a sacrifice

to God. States she ^{was} doing what the almighty

God asked "to do his will". Reports no voices

only "vibrations" p. God and "lost moral

hallucination" of seeing God in 1974 (August).

Pt. still delusional but denies hallucinations.

Since ~ 20 yrs. ago. Reports no meds since

1977 because son told her to stop taking meds

2° saying things & wasn't thinking. Retirement

money p. railroad reportedly will begin again

later this month. Pt. set up in emergency

room & see Dr. Sharlin after pt. has lithium

level taken. Meds p. JPSH: Narcan 10 mg BID;

LiClO3 300 T AM & HS, can drop (ENT clinic 2/28/80)

Pt. became fearful when asked to come back

Monday for dr. - childlike voice saying "Please

give me something to make me stop. I'm

BN0000010

Very Simple 7.0

This lady came initially at invitation of
her children but it was obvious she
did not want to be here. It was left
up to her as to whether or not she would
return. She chose not to. Therefore
therapy was never really begun.

TERMINATION DATE

TRINITY VALLEY MENTAL HEALTH
MENTAL RETARDATION AUTHORITY

CLIENT
NAME

BETTY WILSON

CASE #

914999

PN000013
PORS 18

Date

Jan's Signature

THE RIGHT

HYDROXY WITH HEARING LOSS

ULAR INVOLVEMENT

MATIC HEART DISEASE WITH

Physical Disorders

MIXED

R-AFFECTIVE DISORDER, BIPOLAR, 296.64

DEFERRED

799.90

II. Personality and Specific Developmental Disorders

ychiatric Syndromes

Diagnoses:

7/29/81 she had a blood pressure of 160/84 with a pulse of 100, on 8/10/81 she had a blood pressure of 170/100 with a pulse of 110. Near the day of discharge, the patient had frequent episodes of feeling faint and having tachycardia which were felt to be related to anxiety. The patient was recompenated, no longer was having delusional thinking, still it was mildly hypomanic and was recompenated with regards to her cardiovascular systems. Medications at discharge included Navane, 5 mg, p.o., 4 a.m., and 5 mg, p.o., q.h.s., and she was sent on discharge with her glasses prescription.

Continued

allied Description of Patient's Condition at Discharge/Furlough:

in keeping with rheumatic heart disease with aortic insufficiency. It was recommended that any surgery on a contaminated field should include pretreatment with an antibiotic including dental work. Patient also had ophthalmology evaluation and a prescription was given for correction of her visual acuity problems. Complications in her treatment included the patient's having episodic elevated blood pressures, on 7/29/81 she had a blood pressure of 160/84 with a pulse of 100, on 8/10/81 she had a blood pressure of 170/100 with a pulse of 110. Near the day of discharge, the patient had frequent episodes of feeling faint and having tachycardia which were felt to be related to anxiety. The patient was recompenated, no longer was having delusional thinking, still it was mildly hypomanic and was recompenated with regards to her cardiovascular systems. Medications at discharge included Navane, 5 mg, p.o., 4 a.m., and 5 mg, p.o., q.h.s., and she was sent on discharge with her glasses prescription.

Date: August 26, 1981

Discharge

Duration of Stay:

28 Days



to be completed by attending physician at time of discharge/furlough

NELSON BETTY 068535
DOB 12 26 1925 NONE 681
PC A F W 7 29 1981
TARRANT
COMM BY BEXAR
WARD
SASH
SEP 30 1981
914999

BN000014
PORS-01

No ☐

Yes ☒

Core Form:



1/78

Page 2 of 2 pages

Continuation of PORS 1-6

Signature

Rec'd: 9/4
Typed: 9/9

RDP/sld

R. D. Potter, M.D.
Staff Psychiatrist
Travis Hall

R. D. Potter M.D.

It is anticipated that the patient will need continual follow up for her cardiac condition. Improvement during her hospitalization was noted from the point of view that when she came into the hospital her lower extremities were greatly swollen and after a short course of Dyazide, this condition resolved and there was no swelling at the time of discharge.

To be completed whenever a standard PORS form does not provide adequate space for the required entry.

Dated August 26, 1981

NELSON BETTY 068535
DOB 12 26 1925 NONE 681
PC A F W 7 29 1981
TARRANT
COMM BY BEXAR
WARD
SASH

Discharge Summary

name Betty F. Nelson admission date 11/09/80 discharge date 12/11/80 physician Barksdale

Diagnosis Schizoaffective TCMMHR # 914999 JPSPH # 283290-6 Clinic Appointment 5-1/9/81 8:40a 2 Dr. Arauzo

resenting problem/symptoms and hospital course:

Pt. admitted from E.C. brought by son. Pt. was delusional religious, hostile and inappropriate, flight of ideas and rapid speech. Pt. also had v. her lithium. Extremely grandiose. Pt. started on $LiCO_3$ 300mg BID. Pt. remained very functional and religiously preoccupied and Pt. started on Nourine 5mg tid (11M. on 11/12 as Pt. refusing P.O. meds) Nourine \uparrow to 10mg tid, 15mg on 11/16 and after lithium level \uparrow Nourine again \downarrow to 10mg bid. During this time Pt. went on numerous passes \pm son and/or during program in attempt to get utilities turned on. Pt. finally became more appropriate and less religious preoccupations, transferred to T-9 on 12/5/80. Pt. discharged \pm lithium level = .7

1. Information relating to medication -
Intericare Plan Recommendations (explanations on back):

a) $LiCO_3$ 300mg tid

b) Monitor lithium level

2. Pertinent physical problems:

Follow-up care: ☒ Improved ☐ None

3. Specific therapeutic goals and suggestions for follow-up treatment -

Pt. refused therapy program after few days of them assisting her. Seems to be extremely attached to son, difficult to intervene in this system. Continue med. mgmt.

Pt. stated she did not want Nourine and change. She has slight tremulous of @ hand in Nourine.

Pt. would probably benefit from low dose neuroleptic (long P.O. at night. Social Reformation on beginning of Nourine) Agar it becomes Attending Physician Case Manager Physician



CONTINUED...

Names and addresses of relatives and other responsible persons are found in the Demographic Data subsection of the Data Base. Medical History is found in the Medical Evaluation subsection of the Data Base.

PC A F W 7 29 1981
DOB 12 26 1925 NONE 681
NELSON BETTY 068535
TARRANT
COMM BY BEKAR
WARD
SASH

DATE: July 31, 1981, 10:25 a.m.

INFORMANTS: Erma Escamilla, Social Worker (226-2291), Salvation Army, San Antonio, Texas and the patient, Betty Nelson
This history is limited; additional information should be obtained by the assigned social worker. Information given by patient cannot be verified today.

PRESENTING PROBLEMS: Patient arrived from Ft. Worth at the Salvation Army around July 1 and remained with them until they initiated the commitment. Patient stated that the "Holy Father" had sent her and had told her that she should "only pay \$78.00 per month." She paid in cash. She was trying to convert people, was verbally abusive, threatened to strike the adults and actually struck a child. Miss Escamilla did not know the details surrounding the incident. Patient had no medicine when she arrived at Salvation Army.

COURSE OF DYSFUNCTION: Unknown. Patient believes she was brought to SASH due to a possible "heart stroke," and she denies mental or emotional problems.

FAMILY HISTORY: Patient's exact birthplace is not known. However, she grew up in the Ft. Worth area. She is the oldest of 3 siblings. She has a sister in North Carolina, (second in line) who is in her 50's, has a degree in Geology. Her name is Mary Louise Smith. Her brother, (3rd sibling) died in the early 60's following her mother's death. Causes of their deaths were not given. Both parents were in the home when patient was a child until patient reached age 11, at which time her father was convicted of embezzlement and later convicted of murder. She remembers very little about her father. Her father served time at Huntsville and died there in 1961. Patient's mother apparently owned or leased a drug store and patient and her siblings assisted their mother in managing it.

Patient has worked throughout adulthood. Her last place of employment was Montgomery Wards, 12 years. She terminated her employment there in 1974. Patient has two children. She delivered her first child (presently 29-years-old) out of wedlock. Her name is Roxana Rogers, 3412 Green, Ft. Worth, Texas. Patient married and she has one son from the union. He is Marvin Nelson, 7245 Jewell, Ft. Worth, Texas (21-years-old). Patient's husband died in 1972.

Patient stated that she was never close to her siblings and gave the impression that she had a closer relationship with her mother and grandmother. She refuses to communicate with her sister and has not seen her since 1977. She also does not keep in touch with her daughter or son, but stated that her son lived with her until some time in the recent past. She stated that her son moved out of her duplex and told her that she "wasn't dying fast enough."

Patient attended both Baptist and Methodist churches as a child, but stated that she is not presently a member of either denominations. She stated, "I am against Jesus."

BN000034 PORS-01

No ☐Yes ☒

Core Form:



1/79

Page 2 of 2 pages

Continuation of PORS 44-1

Signature

Rec'd: 7/31
Typed: 8/3

MLM/sld

Casework Supervisor

Media L. Miller, MSM

Patient is aware that her social worker will return from vacation on Monday.

Patient receives \$281.00 a month Railroad Retirement and \$40.00 per month VA benefits. Patient will need assistance in checking with Salvation Army between the first and fifth of August, to determine whether her checks have been delivered there. Patient was oriented to time, place and person. I think it questionable as to whether patient actually struck a child. The worker at Salvation Army did not seem to be very clear on the incident and she did not verify this with other staff members at Salvation Army.

around her returning there.

ASSESSMENT AND RECOMMENDATIONS: The patient is a 55-year-old, white female, approximately 5 ft. 9 in. in height, soft-spoken, friendly, cooperative and courteous. She has lived in the Ft. Worth area for many years, but has severed her relationship with her children and her sister in North Carolina. She describes herself as a "people's person" who is compassionate. She enjoys interacting with the public and has held jobs in the past dealing with the public. Patient showed very little emotion when giving her past history, but did become teary eyed when she talked about people not caring about each other. However, she held back the tears. When I attempted to explore her feelings regarding alienation from her family, she would not reveal her true feelings and denied that it even bothers her. Although the patient herself does not want to contact her family, I am recommending that we try to ascertain information from her daughter and son. If she is a legal resident of Ft. Worth, perhaps efforts should be made to center discharge plans around her returning there.

To be completed whenever a standard PORS form does not provide adequate space for the required entry.

Dated July 31, 1981

Continuation Form

NELSON BETTY
DOB 12 26 1925
PC A F W
TARRANT
COMM BY BEXAR
WARD
SASH
068535
NONE 681
7 29 1981



BN000036S 4b-1

CONTINUED

PERTINENT MEDICAL HISTORY: The patient has a history of rheumatic heart fever as a child at age 12, now has rheumatic valvular involvement of the heart. Patient also had a history of having scarlet fever and had scarring and decreased hearing in the right ear, secondary to this childhood infection. She had a right ear mastoidectomy on May 5, 1980 without any improvement in hearing. Patient admits no allergies but does detail toxic reaction to Halidol and Lithium. Patient has not been careful about her diet, eats excess salt and has not been on any cardiac medications. Current presentation is with lower extremity edema, suggestive of early cardiac failure.

PERTINENT PSYCHIATRIC HISTORY: No recent psychiatric records are available at this time but will be sent for.

MENTAL STATUS EXAM: The patient came into the interview dressed in beret, knitted shawl, straight hair cut in pageboy style, with rapid speech. Mood is hypomanic with appropriate affect. She is oriented times three and exhibits a decreased recent and intermediate memory recall. Patient talks in fairly loose association with hyper-religiosity and expresses the delusion of mind control that she feels people are taking thoughts out of and putting thoughts into her mind. Patient gave very autistic replies to smiles of bike and car, saying, "I would push the pedals on the bike fast and push the pedals on the car slow." Patient also is concrete with response to similarity of apple and banana stating they both would have peels. Patient was not able to retain form and in doing proverbs stated her response to the proverb glass houses, "We all live in glass houses and are watched by other people." The parable grass is greener was replied to by, "It won't be green if we all wear shoes and wear it out." Judgement appears to be severely impaired in this individual as well as insight into her illness.

PRESENT ILLNESS: Patient is a 55-year-old, Caucasian female widowed 9/8/72, currently living at the Salvation Army in Fort Worth since May. Recently she came to San Antonio on July 1, 1981 and has been staying at the Salvation Army where she pays for her room and board at the rate of \$150 per month. The money comes from a social security check that she receives for her disability. There has been no prior hospitalization here at SASH however, the patient has several hospitalizations at the John Peter Smith County Hospital in Fort Worth with the latest being in 1977 for five weeks where she said she was treated "for hyperreligiosity." Patient claims that frequently her daughter petitions for her to be placed in the hospital and has had a very stormy relationship with her son who she says she use to beat regularly with a board. Patient makes very bizarre statements such as, "My mind is not a mind, it is a channel, and people block my channel." Patient also verbalizes the statement over and over during the interview, "caring is sharing." She has had a history of having been treated with Halidol and then she had a toxic reaction when combined with Lithium. Patient claims that when she was taking Lithium, her left arm would shake.

INFORMANT: Patient herself who is considered somewhat unreliable due to memory deficit.

CHIEF COMPLAINT: "A doctor asked me to go in for an evaluation."

DATE: August 6, 1981

Names and addresses of relatives and other responsible persons are found in the Demographic Data subsection of the Data Base. Medical history is found in the Medical Evaluation subsection of the Data Base. Refer to Social History for historical data and to the Prior Summaries subsection of the Data Base for more extensive information on previous treatment.

NELSON B-TTY 068535
DOB 12 26 1925 NONE 681
PC A F W 7 29 1981
TARRANT
COMM BY BEXAR
SASH

PORS of BN000036

No ☐

Yes ☒

Core Form:



1/79

Page 2 of 2 pages

Continuation of PORs 4b-1

Signature

Rec'd: 8/6
Typed: 8/6

RDP/sld

R. D. Potter, M.D.
Staff Psychiatrist
Travis Hall

R. D. Potter, M.D., Ph.D.

DIAGNOSIS:
AXIS I MAJOR AFFECTIVE DISORDER, BIPOLAR, MIXED 296.64
AXIS II DEFERRED 799.90
AXIS III RHEUMATIC HEART DISEASE WITH VALVULAR INVOLVEMENT
AXIS IV MASTOIDECTOMY WITH HEARING LOSS ON RIGHT
AXIS V MILD PSYCHOSOCIAL STRESSORS
GOOD FUNCTIONING IN THE PREVIOUS YEAR

To be completed whenever a standard PORs form does not provide adequate space for the required entry.

Dated August 6, 1981

Continuation Form

NELSON BETTY 068535
DOB 12 26 1925 NONE 681
PC A F W 7 29 1981
TARRANT WARD
COMM BY BEKAR SASH

BN0000037

AXIS IV MILD PSYCHOSOCIAL STRESSORS
AXIS V GOOD FUNCTIONING IN PREVIOUS YEAR

799.90

DEFERRED

II. Personality and Specific Developmental Disorders

MAJOR AFFECTIVE DISORDER, BIPOLAR, 296.64

MIXED

Psychiatric Syndromes
nal Diagnoses:

Physical Disorders

EUMATIC HEART DISEASE WITH

ALVEOLAR INVOLVEMENT

STOIBECTOMY WITH HEARING LOSS

N THE RIGHT

Hospital Course, Findings, Procedures, Complications: Patient is a 55-year-old, Caucasian female, widowed on 9/8/72 who had previously been living at the Salvation Army in Fort Worth since May. She came to San Antonio on July 1, 1981 and was paying for her boarding room at the rate of \$150 per month. The money comes from Social Security checks that she receives for her disability. Patient has had several prior hospitalizations at John Peter Smith County Hospital in Ft. Worth. This admission was precipitated by the patient's loss of contact with reality, making statements like "my mind is not a lithium were combined in treatment. Patient spent almost her entire stay on the ward dressed in the same manner, slacks, blouse and a barrette. Her mood was slightly hypomanic with some pressure of speech, judgement appeared to be severely impaired. The patient's treatment on the ward for her psychiatric illness was uneventful and she was treated with Navane, 5 mg. b.i.d. Findings: the patient's laboratory exams were entirely normal and in a cardiac series, there were no enlargement of the left atrium identified. The EKG showed a high voltage, suggestive of left ventricular hypertrophy with a normal sinus rate of 80. The patient's electrolytes were within normal as was her CBC. Urinalysis was also within normal. Patient's VDRL was non reactive. A consultation was asked for the patient to be seen in OB-GYN clinic and revealed that she had a right oophorectomy several years ago because of ovarian cyst. her internal organs were within normal. Internal Medicine consult was asked for because of the patient's cardiac complications in the past and the findings were in keeping with rheumatic heart disease with aortic insufficiency. It was recommended that any surgery on a contaminated field should include pre-treatment with an antibiotic including dental work. Patient also had optometry evaluation and a prescription was given for correction of her visual acuity problems. Complications in her treatment included the patient's having episodic elevated blood pressures, on 7/29/81 she had a blood pressure of 160/84 with a pulse of 100, on 8/10/81 she had a blood pressure of 150/90 with a pulse of 94, on 8/12/81 the patient had a blood pressure of 170/100 with a pulse of 110. Near the day of discharge, the patient had frequent episodes of feeling faint and having tachycardia which were felt to be related to anxiety. Detailed Description of Patient's Condition at Discharge/Furrough: The patient was recompensated, no longer was having delusional thinking, still it was mildly hypomanic and was recompensated with regards to her cardiovascular systems. Medications at discharge included Navane, 5 mg. p.o. q.a.m. and 5 mg. p.o. q.h.s. and she was sent on discharge with her glasses prescription.

CONTINUED

28 Days

Duration of Stay:

☒ Discharge
☐ Furrough

Date: August 26, 1981



NELSON BETTY 068535
DOB 12 26 1925 NONE 681
PC A F W 7 29 1981
TARRANT
COMM BY BEXAR
WARD
SASH

Attending Physician's Discharge/Furrough Note

To be completed by attending physician at time of discharge/furrough staffing.